

In a disaster, you may need a helping hand.

Be Ready.

Older Georgians can be particularly at risk in the wake of a disaster, so it is important to be prepared.

CREATE A READY KIT

Be prepared to make it on your own for up to 72 hours following a disaster. In addition to food, water and other supplies, customize your Ready kit by including items commonly needed by seniors:

- One-week supply of all medications
- A list of prescription medicines including dosage, treatment and allergy information
- Extra eyeglasses
- Hearing aids and hearing aid batteries
- Wheelchair battery chargers
- Important documents: medical records, medical insurance and Medicare cards; wills and deeds; social security number; bank account information and tax records
- Names and contact information of your support network

CREATE A PLAN

Determine how you will evacuate your home and where you will go. Then select at least three people who can be your support network. They need to be able to check in on you during an emergency, and at least one should have a key to your home. Communicate your plan with them.

STAY INFORMED - VISIT THE *READY GEORGIA* WEBSITE

For more information about preparing for disasters visit www.ready.ga.gov or download the *Ready Georgia* mobile app for iPhone and Android.



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